

FORRESTRUN - DESAFIO SERRINHA 2019

Relatório Geral - 7,5K - Feminino

Coloc.	Numero	Nome	Fx.Et.	Ci.Fx.	Equipe	Ritmo	Vel.	Tempo
1	739	FABIOLA DE FÁTIMA DA SILVA SILVA	F3039	-	GREGÓRIO ASSESSORIA ESPORTIVA	00:06:52	8,75	00:51:27
2	766	LETÍCIA MENEZES	F3039	-	CORNELIUS ACADEMIA	00:06:53	8,72	00:51:36
3	759	JULIANA LUCIA RAMALHO DE CASTRO	F3039	-	GREGÓRIO ASSESSORIA ESPORTIVA	00:06:56	8,66	00:51:58
4	707	ANA CAROLINA DE PÁDUA FARIA	F1629	-	ESPORTE LIVRE SAÚDE	00:06:57	8,64	00:52:06
5	821	VANIA BORGES	F3039	-	HOME FRONT FITNESS	00:07:15	8,27	00:54:25
6	769	LORENA CASTRO	F4049	1	---	00:07:16	8,26	00:54:30
7	805	RAQUEL APARECIDA DE PAULA	F4049	2	BILL TEAM ECOENDURANCE	00:07:18	8,22	00:54:43
8	794	PATRICIA LARA DE OLIVEIRA JARNALO	F3039	1	---	00:07:23	8,13	00:55:20
9	764	LAÍS REGINA DE MENEZES FARIA	F3039	2	CORNELIUS ACADEMIA	00:07:43	7,78	00:57:52
10	745	GISELA MATOS FRANCO	F1629	1	---	00:07:48	7,69	00:58:31
11	712	ANA RAQUEL CORDEIRO VALIM	F3039	3	PERSONAL RUN	00:07:54	7,60	00:59:12
12	787	MARINA SILVA	F3039	4	PERSONAL RUN	00:07:57	7,55	00:59:34
13	806	RAQUEL PAOLIELLO	F4049	3	---	00:07:57	7,55	00:59:37
14	802	RACHEL RIBEIRO DE SOUZA MARTINS	F4049	4	GREGÓRIO ASSESSORIA ESPORTIVA	00:08:01	7,49	01:00:04
15	779	MARCIA SILVEIRA	F4049	5	MFS ASSESSORIA ESPORTIVA	00:08:03	7,45	01:00:26
16	760	JULIANA MARIA GONTIJO	F3039	5	GREGÓRIO ASSESSORIA ESPORTIVA	00:08:07	7,39	01:00:53
17	801	PRISCILLA MARTINS DOS REIS	F3039	6	GREGÓRIO ASSESSORIA ESPORTIVA	00:08:12	7,32	01:01:31
18	800	PRISCILA RIBEIRO SIMOES	F3039	7	---	00:08:14	7,29	01:01:45
19	817	TATIANE PÍCOLI	F3039	8	A1 ASSESSORIA	00:08:15	7,28	01:01:51
20	721	CASSIA MOURA	F3039	9	GREGÓRIO ASSESSORIA ESPORTIVA	00:08:28	7,09	01:03:27
21	808	RENATA DE OLIVEIRA SARRETA ODA	F4049	6	A1 ASSESSORIA	00:08:28	7,08	01:03:31
22	736	ELZA MARIA DE SOUZA	F5099	1	A1 ASSESSORIA	00:08:31	7,05	01:03:51
23	742	GABRIELA SOBREIRA SILVEIRA	F3039	10	A1 ASSESSORIA	00:08:33	7,01	01:04:11
24	807	RENATA GALDINO	F4049	7	GREGÓRIO ASSESSORIA ESPORTIVA	00:08:48	6,81	01:06:02
25	750	IVA MARIA DE OLIVEIRA CÉSAR	F3039	11	TENDÊNCIA OUTDOOR	00:08:49	6,80	01:06:11
26	810	ROBERTA MELO	F4049	8	TENDÊNCIA OUTDOOR	00:08:51	6,78	01:06:21
27	740	FERNANDA OLIVEIRA DE FREITAS	F3039	12	---	00:08:53	6,76	01:06:35
28	790	MILENA DE SOUZA OLIVEIRA	F1629	2	ESPORTE LIVRE SAÚDE	00:08:55	6,72	01:06:56
29	748	ISABELA CRISTINA BORGES ROSSI	F1629	3	CRUZEIRO RUNNERS	00:09:01	6,65	01:07:40
30	815	SILVANIA APARECIDA DE SOUZA OLIVEIRA	F4049	9	A1 ASSESSORIA	00:09:16	6,47	01:09:32
31	770	LORRANE ALVES	F1629	4	T5 ASSESSORIA ESPORTIVA	00:09:24	6,38	01:10:31
32	716	BARBARA PRETTE	F4049	10	CORNELIUS ACADEMIA	00:09:32	6,30	01:11:29

FORRESTRUN - DESAFIO SERRINHA 2019

Relatório Geral - 7,5K - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
33	791	MONIQUE RODRIGUES DA SILVA ANDRADE MAIA	F3039	13	TENDÊNCIA OUTDOOR	00:09:34	6,27	01:11:45
34	814	SANDRA JESUS	F4049	11	---	00:09:40	6,21	01:12:27
35	783	MARIA ESTELA DA SILVA	F5099	2	TENDÊNCIA OUTDOOR	00:10:03	5,97	01:15:25
36	767	LIBIA MARIVANI GUIMARÃES RESENDE RESENDE	F3039	14	CORNELIUS ACADEMIA	00:10:28	5,73	01:18:30
37	709	ANA LUIZA ANDRADE	F1629	5	---	00:10:42	5,60	01:20:18
38	704	ALCILENE GAMA	F3039	15	TENDÊNCIA OUTDOOR	00:10:55	5,50	01:21:51
39	771	LUCIANA DE MELO	F3039	16	---	00:10:57	5,48	01:22:09
40	793	PATRICIA REIS	F3039	17	HOME FRONT FITNESS	00:10:59	5,46	01:22:28
41	772	LUCIANA MALAQUIAS DA SILVA	F5099	3	GREGÓRIO ASSESSORIA ESPORTIVA	00:11:02	5,44	01:22:42
42	822	VERÔNICA LIBONI	F4049	12	MFS ASSESSORIA ESPORTIVA	00:11:37	5,16	01:27:08
43	733	EDILANE APARECIDA SILVA	F5099	4	---	00:11:40	5,15	01:27:27
44	708	ANA LÚCIA STACCIARINI	F5099	5	PERSONAL RUN	00:11:43	5,12	01:27:56
45	711	ANA PAULA DA SILVA	F3039	18	---	00:12:11	4,93	01:31:19
46	735	ELENICE SOARES FERREIRA GONÇALVES	F4049	13	TENDÊNCIA OUTDOOR	00:12:28	4,81	01:33:28
47	701	ADRIANE COUTO CASSEMIRO	F5099	6	TRILHAS & CIA	00:12:54	4,65	01:36:46
48	763	KÁTIA SILVÉRIO	F4049	14	TRILHAS & CIA	00:12:54	4,65	01:36:47
49	812	SAMIRA KHALIL AKKARI EVANGELISTA	F5099	7	TENDÊNCIA OUTDOOR	00:12:54	4,65	01:36:48
50	723	CELIA REGINA OLIVEIRA MACEDO	F5099	8	TENDÊNCIA OUTDOOR	00:13:28	4,45	01:41:03
51	804	RAIZ GONÇALVES DA LIBERTAÇÃO ALVES	F4049	15	TENDÊNCIA OUTDOOR	00:13:29	4,45	01:41:09
52	816	SOLANGE ESMÉRIA GUIMARÃES	F5099	9	TENDÊNCIA OUTDOOR	00:14:22	4,18	01:47:47

FORRESTRUN - DESAFIO SERRINHA 2019

Relatório Geral - 7,5K - Masculino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	744	GILMAR LOURENÇO DOS SANTOS	M1629	-	DESBRAVANDOTRI	00:04:42	12,76	00:35:16
2	782	MARCO AURÉLIO MANOEL DA SILVA MANOEL DA SILVA	M3039	-	PERSONAL RUN	00:05:20	11,25	00:40:00
3	799	PLÍNIO RUA	M3039	-	---	00:05:22	11,19	00:40:13
4	724	CÉSAR FARIA	M1629	-	CORNELIUS ACADEMIA	00:05:23	11,16	00:40:20
5	761	JULIANO MANOEL GASTÃO	M3039	-	DESBRAVANDOTRI	00:05:26	11,05	00:40:43
6	824	WAGNER ROSA	M3039	1	T5 ASSESSORIA ESPORTIVA	00:05:28	10,98	00:40:59
7	777	MARCELO MARQUES DO CARMO	M3039	2	FORRESTRUN TEAM	00:05:32	10,84	00:41:30
8	715	ARNALDO OLIVEIRA	M3039	3	RUN TEAM TAP	00:05:38	10,64	00:42:17
9	703	ADRIANO ALMEIDA SANTOS SANTOS	M4049	1	BILL TEAM ECOENDURANCE	00:05:42	10,53	00:42:44
10	730	DANILO LUCAS BATISTA	M1629	1	---	00:05:54	10,18	00:44:12
11	776	MAICON WILLIAN PEREIRA REZENDE	M1629	2	---	00:05:56	10,10	00:44:32
12	757	JOSÉ SEVERINO DE PAULA NETO	M4049	2	BILL TEAM ECOENDURANCE	00:06:02	9,96	00:45:12
13	714	ANTONIO KIND	M1629	3	---	00:06:03	9,91	00:45:25
14	752	JAIRO ROBSON OKADA	M5099	1	TENDÊNCIA OUTDOOR	00:06:10	9,73	00:46:15
15	746	GUILHERME BERNARDO	M1629	4	CORNELIUS ACADEMIA	00:06:17	9,54	00:47:10
16	718	BRUNO FRANCO ROSSI	M1629	5	CRUZEIRO RUNNERS	00:06:17	9,54	00:47:11
17	700	ADEMARK CRUZ SOUTO	M3039	4	CORNELIUS ACADEMIA	00:06:26	9,34	00:48:12
18	798	PEDRO VYNNICIUS COSTA DOS SANTOS	M1629	6	DESBRAVANDOTRI	00:06:28	9,28	00:48:29
19	731	DIEGO EDGARD SILVA PIRES	M3039	5	DESBRAVANDOTRI	00:06:37	9,06	00:49:39
20	755	JOÃO ARTHUR PELEGRINELLI THIRONE	M1629	7	PERSONAL RUN	00:06:38	9,04	00:49:48
21	758	JOSE DE PAIVA NETO	M4049	3	GREGÓRIO ASSESSORIA ESPORTIVA	00:06:39	9,03	00:49:51
22	828	WILLIAN MACHADO DE MAGALHAES	M4049	4	GREGÓRIO ASSESSORIA ESPORTIVA	00:06:44	8,91	00:50:32
23	741	FERNANDO CARDOSO PREVIATELLO	M3039	6	---	00:06:47	8,85	00:50:50
24	788	MÁRIO BRAZ DOS SANTOS	M5099	2	ACRU	00:06:49	8,81	00:51:04
25	789	MAURO CESAR MILITÃO	M3039	7	DESBRAVANDOTRI	00:06:49	8,79	00:51:10
26	825	WESLEY ALVES RODRIGUES	M1629	8	DESBRAVANDOTRI	00:06:57	8,64	00:52:04
27	827	WILLIAN CASA DAS LINHAS	M4049	5	---	00:06:58	8,61	00:52:17
28	778	MARCELO ROSA ALVES	M4049	6	---	00:07:04	8,50	00:52:57
29	826	WILLIAM MILIONE	M1629	9	T5 ASSESSORIA ESPORTIVA	00:07:08	8,41	00:53:29
30	749	ITALO CAIXETA	M3039	8	---	00:07:16	8,26	00:54:29
31	837	JOSÉ GERALDO HONORATO	M5099	3	PERSONAL RUN	00:07:19	8,21	00:54:49
32	751	JAIRO MATOS	M3039	9	---	00:07:31	7,99	00:56:19

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Relatório Geral - 7,5K - Masculino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
33	747	GUILHERME DA FONSECA ALVES	M1629	10	ESPORTE LIVRE SAÚDE	00:07:35	7,91	00:56:54
34	727	DANIEL FREIRE	M4049	7	GREGÓRIO ASSESSORIA ESPORTIVA	00:07:43	7,78	00:57:52
35	737	EMANUEL FABIO DE LIMA	M1629	11	---	00:07:44	7,76	00:57:58
36	743	GEOVANNE VICENTE DE SOUZA	M5099	4	---	00:07:45	7,73	00:58:11
37	781	MARCO AURELIO NUNES	M4049	8	CORNELIUS ACADEMIA	00:07:49	7,68	00:58:37
38	818	THIAGO MARCIANO FARIA SOUZA	M3039	10	---	00:07:53	7,61	00:59:08
39	754	JEFFERSON CORRÊA	M3039	11	---	00:08:01	7,49	01:00:04
40	829	PEDRO MOURA	M4049	9	SCIENCE FITNESS CLUB	00:08:02	7,46	01:00:17
41	796	PAULO HENRIQUE DE OLIVEIRA	M3039	12	PAULO OLIVEIRA PERSONAL TRAINER	00:08:02	7,46	01:00:18
42	830	WAGNER HAGUIARA	M5099	5		00:08:05	7,43	01:00:36
43	738	FÁBIO BORGES RIBEIRO	M3039	13	---	00:08:11	7,34	01:01:20
44	722	CÁSSIO GOBBI DE CAMPOS	M1629	12	CRUZEIRO RUNNERS	00:08:15	7,28	01:01:51
45	732	EDER OLIVEIRA	M4049	10	ESPORTE LIVRE SAÚDE	00:08:40	6,92	01:05:02
46	803	RAFAEL VILELA	M3039	14	TENDÊNCIA OUTDOOR	00:08:42	6,90	01:05:15
47	717	BRENO CASTRO	M4049	11	---	00:09:15	6,49	01:09:20
48	726	CLAUDIO ODA	M4049	12	A1 ASSESSORIA	00:09:15	6,49	01:09:21
49	819	TIAGO FINZETTO	M3039	15	ESPORTE LIVRE SAÚDE	00:09:16	6,48	01:09:28
50	705	ALESSANDRO LIBONI	M4049	13	MFS ASSESSORIA ESPORTIVA	00:09:16	6,48	01:09:29
51	702	ADRIANO SENDRA	M4049	14	GREGÓRIO ASSESSORIA ESPORTIVA	00:09:30	6,32	01:11:13
52	839	HELICIO CESAR FERREIRA JUNIOR	M4049	15	TENDÊNCIA OUTDOOR	00:09:37	6,24	01:12:05
53	729	DANILO VENTURA ZANON	M3039	16	HOME FRONT FITNESS	00:10:59	5,46	01:22:25
54	797	PAULO RICARDO LEMOS MOTA	M5099	6	TENDÊNCIA OUTDOOR	00:11:35	5,18	01:26:54
55	773	LUIS CARLOS LEITE	M3039	17	PERSONAL RUN	00:11:43	5,12	01:27:56
56	831	JOSELY ALVES DE PAULA OLIVEIRA	M4049	16		00:12:54	4,65	01:36:47

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Relatório Geral - 18K - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	150	LARISSA CLEMENTINO DA ROCHA RUAS	F4049	-	GREGÓRIO ASSESSORIA ESPORTIVA	00:05:56	10,12	01:46:42
2	123	DANIELLY INGRID	F1629	-	---	00:06:14	9,63	01:52:11
3	161	LUCIANNA ESTEVAM	F3039	-	MAEDA SPORTS	00:06:17	9,54	01:53:11
4	194	THAIS ALVES	F1629	-	GREGÓRIO ASSESSORIA ESPORTIVA	00:06:25	9,34	01:55:35
5	151	LAVINIA SANTOS	F1629	-	RUN TEAM TAP	00:06:27	9,31	01:56:02
6	104	ANDREIA CRISTINA DE AGUIAR	F4049	1	FORRESTRUN TEAM	00:06:28	9,28	01:56:20
7	153	LÍVIA MOREIRA LANCE DE FIGUEIREDO	F4049	2	MFS ASSESSORIA ESPORTIVA	00:06:32	9,18	01:57:36
8	160	LUCIANA RIOS	F3039	1	BILL TEAM ECOENDURANCE	00:06:37	9,06	01:59:10
9	208	TATIANA ALVES ANDRADE	F4049	3		00:06:49	8,81	02:02:39
10	101	ALESSANDRA MAPELLI	F3039	2	GREGÓRIO ASSESSORIA ESPORTIVA	00:07:03	8,51	02:06:55
11	171	MIRIAM DE F. GARCIA SHIMADA	F4049	4	---	00:07:18	8,22	02:11:26
12	149	JULIANA SPIRLANDELI	F4049	5	---	00:07:28	8,03	02:14:26
13	155	LUANA CASSIA	F3039	3	CORNELIUS ACADEMIA	00:07:41	7,81	02:18:14
14	154	LOREN OLIVEIRA	F3039	4	F2 ACADEMIA	00:07:50	7,66	02:21:02
15	189	ROSE LACERDA DE MEDEIROS	F5099	1	ROSE MEDEIROS TREINAMENTO	00:07:51	7,65	02:21:13
16	164	MARA PINTO SANT'ANA	F3039	5	AMIGOS DA MONTANHA	00:07:56	7,57	02:22:40
17	134	GISELLE SILVA RESENDE	F3039	6	PERSONAL RUN	00:08:03	7,46	02:24:48
18	108	CARLA ARIANE SILVA PEDRO	F3039	7	PERSONAL RUN	00:08:15	7,27	02:28:29
19	124	DAYANNE CARVALHO	F3039	8	AMIGOS DA MONTANHA	00:08:34	7,00	02:34:14
20	193	TATIANA NEVES	F3039	9	HOME FRONT FITNESS	00:08:41	6,91	02:36:16
21	125	DELMA PEREIRA CAIXETA	F4049	6	CORNELIUS ACADEMIA	00:08:57	6,70	02:41:15
22	179	RAQUEL COELHO	F5099	2	TENDÊNCIA OUTDOOR	00:09:01	6,66	02:42:14
23	170	MICHELE APARECIDA OLIVEIRA TEIXEIRA	F3039	10	---	00:09:30	6,32	02:50:55
24	201	WALESSYNY ILMA FAULA LIMA	F5099	3	ROSE MEDEIROS TREINAMENTO	00:09:35	6,26	02:52:27
25	120	CRISTINA FERREIRA	F3039	11	PERSONAL RUN	00:09:55	6,05	02:58:26
26	128	ELIANA PEREIRA DOS SANTOS LONDE	F5099	4	TENDÊNCIA OUTDOOR	00:09:55	6,05	02:58:26
27	130	FABIANA ANDRADE FRANCO	F4049	7	TENDÊNCIA OUTDOOR	00:10:17	5,84	03:04:59
28	113	CLAUDIA FELIX CHAVES FERREIRA	F5099	5	TENDÊNCIA OUTDOOR	00:10:28	5,73	03:08:30

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Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	196	THEOFILO FERREIRA DUARTE JÚNIOR	M3039	-	FORRESTRUN TEAM	00:04:36	13,06	01:22:42
2	192	SERGIO FURTADO	M3039	-	GREGÓRIO ASSESSORIA ESPORTIVA	00:04:42	12,75	01:24:44
3	142	HEVERSON GARCIA	M3039	-	DANILO FARIA	00:04:54	12,26	01:28:07
4	203	WESLEY CRISTIANO VAZ	M1629	-	GREGÓRIO ASSESSORIA ESPORTIVA	00:04:56	12,15	01:28:54
5	143	HUGO REZENDE	M4049	-	GREGÓRIO ASSESSORIA ESPORTIVA	00:05:12	11,55	01:33:32
6	202	WENDER REZENDE	M3039	1	RUN TEAM TAP	00:05:12	11,54	01:33:36
7	207	SAMUEL ELOI	M4049	1		00:05:20	11,25	01:35:58
8	126	EDILSO SANTIAGO	M1629	1	ESPORTE LIVRE SAÚDE	00:05:29	10,96	01:38:34
9	110	CARLOS HUMBERTO NOGUEIRA LONDE	M5099	1	CRUZEIRO RUNNERS	00:05:34	10,78	01:40:10
10	140	GUSTAVO SOUZA	M1629	2	CORNELIUS ACADEMIA	00:05:36	10,72	01:40:42
11	106	CAIO NUNES	M1629	3	CORNELIUS ACADEMIA	00:05:37	10,67	01:41:14
12	190	SAMUEL REHDER WIMMERS FERREIRA	M3039	2	---	00:05:43	10,49	01:42:56
13	204	WILLIAN CRUVINEL	M3039	3	GREGÓRIO ASSESSORIA ESPORTIVA	00:05:44	10,47	01:43:07
14	156	LUCAS MARTINS	M3039	4	CORNELIUS ACADEMIA	00:05:46	10,41	01:43:42
15	198	TIAGO GONÇALVES MACHADO	M3039	5	---	00:05:56	10,12	01:46:46
16	129	EVERTON LOURENÇO	M3039	6	BOCAINA AVENTURA	00:06:03	9,93	01:48:47
17	100	ADALTO JOSÉ SILVA	M3039	7	RUN TEAM TAP	00:06:07	9,82	01:50:02
18	157	LUCAS RIBEIRO	M3039	8	CRUZEIRO RUNNERS	00:06:07	9,81	01:50:08
19	195	THALES ARAÚJO	M3039	9	MFS ASSESSORIA ESPORTIVA	00:06:12	9,68	01:51:36
20	135	GUILHERME JOSÉ COELHO	M3039	10	PERSONAL RUN	00:06:12	9,67	01:51:41
21	109	LEONARDO VERISSIMO CARRERA	M3039	11		00:06:13	9,64	01:52:01
22	103	ANDRÉ LUIS MENEZES TISO CORRÊA	M4049	2	ACRU	00:06:18	9,52	01:53:25
23	352	RENATO MAEDA	M4049	3	MAEDA SPORTS	00:06:21	9,45	01:54:15
24	168	MARCOS DOMINGOS RAMOS	M3039	12	BILL TEAM ECOENDURANCE	00:06:23	9,41	01:54:47
25	137	GUSTAVO FRANKLIN OLIVEIRA CARNEIRO	M3039	13	GREGÓRIO ASSESSORIA ESPORTIVA	00:06:26	9,33	01:55:48
26	119	RAPHAEL AUGUSTO PEREIRA	M3039	14	---	00:06:27	9,29	01:56:14
27	112	CHINEYDER TOLENTINO	M3039	15	CORNELIUS ACADEMIA	00:06:31	9,22	01:57:10
28	107	CAMILO ESTEVES DA SILVA NETTO	M4049	4	PERSONAL RUN	00:06:32	9,19	01:57:34
29	184	RICARDO RIBEIRO DE FREITAS	M4049	5	DANILO FARIA	00:06:38	9,05	01:59:18
30	131	FERNANDO ROBERTO SOUZA SILVA	M3039	16	HOME FRONT FITNESS	00:06:38	9,05	01:59:20
31	117	CLEVERTON SIMONSEN DOS REIS SPERIDIAO RODRIGUES	M4049	6	PERSONAL RUN	00:06:42	8,95	02:00:39
32	136	GUILHERME MAEDA	M3039	17	MAEDA SPORTS	00:06:45	8,88	02:01:35

FORRESTRUN - DESAFIO SERRINHA 2019

Relatório Geral - 18K - Masculino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
33	187	ROGÉRIO VICTOR SOARES GONÇALVES	M1629	4	TENDÊNCIA OUTDOOR	00:06:53	8,72	02:03:47
34	162	LUIS GUILHERME BALATORE DE SOUSA	M1629	5	---	00:06:53	8,72	02:03:52
35	152	LEONARDO HUMBERTO PEREIRA REIS	M4049	7	---	00:06:53	8,72	02:03:53
36	116	CLEITON ANDERSON	M3039	18	PERSONAL RUN	00:07:02	8,54	02:06:32
37	191	SERGIO CARVALHO	M4049	8	MAEDA SPORTS	00:07:09	8,40	02:08:38
38	114	CLAUDIO EUDES	M3039	19	TENDÊNCIA OUTDOOR	00:07:17	8,23	02:11:13
39	158	LUCAS TEIXEIRA	M3039	20	HOME FRONT FITNESS	00:07:25	8,09	02:13:27
40	177	RAFAEL RODRIGUES	M3039	21	RT FITNESS	00:07:25	8,09	02:13:30
41	133	GILBERTO DE PAULA	M5099	2	---	00:07:28	8,03	02:14:28
42	182	REGINALDO ANTONIO SILVA	M3039	22	---	00:07:31	7,99	02:15:10
43	146	JOÃO PAULO FIGUEIREDO	M4049	9	MFS ASSESSORIA ESPORTIVA	00:07:31	7,98	02:15:20
44	132	FERNANDO RODRIGUES PAVÃO	M4049	10	A1 ASSESSORIA	00:07:32	7,96	02:15:41
45	200	VITOR LEONARDO	M3039	23	BILL TEAM ECOENDURANCE	00:07:40	7,82	02:18:06
46	118	CRISTIAM COELHO	M4049	11	TENDÊNCIA OUTDOOR	00:07:44	7,75	02:19:18
47	206	AILTON JÚNIOR	M3039	24	SCIENCE FITNESS CLUB	00:07:45	7,75	02:19:23
48	111	CELIO FELIZARDO SILVA	M5099	3	TENDÊNCIA OUTDOOR	00:07:46	7,73	02:19:47
49	166	MARCIO RODRIGUES	M4049	12	HIDROMANIA ACADEMIA	00:07:47	7,71	02:20:07
50	186	ROGÉRIO GONÇALVES	M5099	4	TENDÊNCIA OUTDOOR	00:07:49	7,68	02:20:40
51	183	REINILDO MARTINS	M3039	25	PERSONAL RUN	00:07:55	7,58	02:22:29
52	185	ROBSON MORAES	M3039	26	AMIGOS DA MONTANHA	00:07:57	7,55	02:22:58
53	175	RAFAEL PEDIGONI	M3039	27	---	00:07:59	7,51	02:23:48
54	138	GUSTAVO GUIMARAES	M5099	5	PERSONAL RUN	00:08:02	7,46	02:24:45
55	127	EDILSON SOUZA	M4049	13	MFS ASSESSORIA ESPORTIVA	00:08:06	7,41	02:25:40
56	176	RAFAEL PRADO	M3039	28	A1 ASSESSORIA	00:08:23	7,16	02:30:56
57	148	JOSÉ MENDES NETO	M5099	6	MENDESSPORTS	00:08:34	7,00	02:34:16
58	102	ALEXANDRE RIBEIRO MONTEIRO	M4049	14	---	00:08:37	6,97	02:35:00
59	139	GUSTAVO MANZANO MAURICIO DE ARAUJO	M3039	29	PERSONAL RUN	00:08:40	6,92	02:36:09
60	169	MARKUS FIUZA	M1629	6	CORNELIUS ACADEMIA	00:08:57	6,70	02:41:15
61	188	RONALD SCHEFFER LEAL	M3039	30	RT FITNESS	00:09:07	6,58	02:44:06
62	167	MÁRCIO DE MAEDA MAEZUKA	M4049	15	AMIGOS DA MONTANHA	00:09:36	6,24	02:52:57
63	172	NAPOLEÃO CUNHA	M4049	16	---	00:09:48	6,12	02:56:28
64	105	BRUNO DE SOUZA AMARAL	M3039	31	ROOT RUNNERS	00:09:54	6,06	02:58:21
65	163	LUIZ EDUARDO FERREIRA	M3039	32	CORNELIUS ACADEMIA	00:09:57	6,03	02:59:06
66	165	MARCIAL MARTINS	M4049	17	---	00:10:01	5,99	03:00:15

FORRESTRUN - DESAFIO SERRINHA 2019

Relatório Geral - 18K - Masculino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
67	205	KARLOS ALVES BARBOSA	M4049	18	TENDÊNCIA OUTDOOR	00:10:28	5,73	03:08:30

FORRESTRUN - DESAFIO SERRINHA 2019

Relatório Geral - 30K - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	312	DIANA BELON	F4049	-	---	00:06:07	9,81	03:03:24
2	353	RITA DE CASSIA ARAUJO	F5099	-	---	00:07:13	8,32	03:36:20
3	306	AUCENI BORGES	F3039	-	DANILO FARIA	00:07:21	8,17	03:40:20
4	326	GEANE ALMEIDA	F3039	-	CONTRA O TEMPO	00:07:27	8,06	03:43:20
5	355	SANDRA MORETI	F4049	-	MFS ASSESSORIA ESPORTIVA	00:07:36	7,89	03:48:15
6	347	PATRÍCIA PINTO DE FREITAS	F3039	1	AMIGOS DA CORRIDA SLZ	00:07:59	7,50	03:59:51
7	357	THAÍS MELO DE PAULA SEIXAS	F3039	2	MFS ASSESSORIA ESPORTIVA	00:08:06	7,41	04:02:50
8	346	NATALIA SOARES	F3039	3	PERSONAL RUN	00:08:10	7,34	04:05:10
9	304	ANDRESA DE FÁTIMA CRUZ	F3039	4	A1 ASSESSORIA	00:08:28	7,08	04:14:14
10	337	LUDIMILA SANTOS SILVA	F3039	5	AMIGOS DA MONTANHA	00:08:28	7,08	04:14:14
11	317	ERICA NEVES	F4049	1	BILL TEAM ECOENDURANCE	00:08:42	6,90	04:21:02
12	329	IVANA SCARPELLINI	F5099	1	4X TEAM	00:08:51	6,78	04:25:21
13	354	ROSIMARY DE MORAIS	F5099	2	CONTRA O TEMPO	00:09:24	6,38	04:42:04
14	348	PATRÍCIA ANGÉLICA VIEIRA	F4049	2	---	00:09:30	6,31	04:45:05
15	305	ANGELICA DORO	F1629	1	AMIGOS DA MONTANHA	00:09:47	6,13	04:53:30

FORRESTRUN - DESAFIO SERRINHA 2019

Relatório Geral - 30K - Masculino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	318	ERNANI SOUZA	M4049	-	4X TEAM	00:04:47	12,54	02:23:34
2	325	GABRIEL PINHEIRO	M3039	-	4X TEAM	00:05:13	11,51	02:36:21
3	323	FREDY COSTA GUERRA	M4049	-	TENDÊNCIA OUTDOOR / FORRESTRUN TEAM	00:05:29	10,96	02:44:17
4	331	JULIO CESAR DA SILVA	M3039	-	---	00:05:54	10,16	02:57:13
5	332	LEANDRO VIEIRA SERAFIM ARRUDA DIAS	M3039	-	TENDÊNCIA OUTDOOR	00:05:54	10,16	02:57:14
6	351	RENATO BATISTA DOS SANTOS JUNIOR	M3039	1	TENDÊNCIA OUTDOOR	00:05:56	10,12	02:57:52
7	349	PAULO MENEZES	M3039	2	A1 ASSESSORIA	00:06:11	9,70	03:05:35
8	333	LEONARDO MORETI	M3039	3	MFS ASSESSORIA ESPORTIVA	00:06:15	9,59	03:07:40
9	316	EMERSON CESAR MATOS BARROS	M4049	1	TENDÊNCIA OUTDOOR	00:06:16	9,56	03:08:15
10	301	AMAURI CÉSAR	M3039	4	---	00:06:29	9,25	03:14:35
11	335	LUCIANO G OLIVEIRA	M4049	2	---	00:06:35	9,10	03:17:44
12	311	DAVID SILVA	M3039	5	---	00:06:39	9,02	03:19:32
13	314	DOUGLAS VINÍCIUS DIAS	M3039	6	---	00:07:03	8,50	03:31:44
14	334	LUCAS GERMANO FURTADO	M1629	1	---	00:07:07	8,43	03:33:27
15	310	DANIEL ALENCAR DE OLIVEIRA	M4049	3	DESBRAVANDOTRI	00:07:09	8,38	03:34:45
16	344	MATHEUS VIEIRA FIRMINO SILVA	M1629	2	---	00:07:12	8,34	03:35:50
17	321	FÁBIO OLIVER	M3039	7	MAEDA SPORTS	00:07:12	8,34	03:35:53
18	327	GUILHERME LOPES	M1629	3	SCIENCE FITNESS CLUB	00:07:15	8,28	03:37:28
19	303	ANDRÉ BORGES	M4049	4	SCIENCE FITNESS CLUB	00:07:18	8,22	03:38:54
20	320	FABIANO TEIXEIRA	M3039	8	MFS ASSESSORIA ESPORTIVA	00:07:20	8,18	03:40:04
21	302	AMAURI MARTINS DE OLIVEIRA	M5099	1	A1 ASSESSORIA	00:07:24	8,11	03:42:00
22	341	MARCOS REIS	M1629	4	CORNELIUS ACADEMIA	00:07:25	8,09	03:42:38
23	358	TIAGO AUGUSTO DA SILVA	M1629	5	HOME FRONT FITNESS	00:07:37	7,89	03:48:16
24	308	CLEO SOBRINHO	M3039	9	PERSONAL RUN	00:07:40	7,82	03:50:06
25	336	LUCIANO MATARELLI	M4049	5	---	00:07:47	7,71	03:53:20
26	319	IVALDO DA SILVA EDUARDO	M4049	6	---	00:07:48	7,69	03:53:59
27	315	EDSON CRUZ	M4049	7	ESPORTE LIVRE SAÚDE	00:07:56	7,56	03:58:02
28	340	MARCO TULIO CUNHA BORGES	M4049	8	4X TEAM	00:07:59	7,50	03:59:51
29	322	FERNANDO CAETANO	M4049	9	A1 ASSESSORIA	00:07:59	7,50	03:59:55
30	328	IDENES PEDRO MAGALHÃES JÚNIOR	M4049	10	CRUZEIRO RUNNERS	00:08:04	7,44	04:01:50
31	324	GABRIEL DUARTE	M3039	10	A1 ASSESSORIA	00:08:05	7,43	04:02:22
32	343	MATHEUS DE FIGUEIREDO SEIXAS	M4049	11	MFS ASSESSORIA ESPORTIVA	00:08:06	7,41	04:02:47
33	339	MARCELO ZOUAIN	M5099	2	---	00:08:28	7,08	04:14:07

FORRESTRUN - DESAFIO SERRINHA 2019

Relatório Geral - 30K - Masculino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
34	360	YURI SILVA NASCIMENTO	M4049	12	PAULO OLIVEIRA PERSONAL TRAINER	00:08:34	7,00	04:17:10
35	359	VINICIUS DE PAULA	M3039	11	TENDÊNCIA OUTDOOR	00:08:46	6,85	04:22:55
36	307	CASSIUS AUGUSTO BATISTELLA LAGRECA	M4049	13	ROOT RUNNERS	00:08:46	6,85	04:22:56
37	338	LUIZ RODRIGUES	M5099	3	---	00:10:10	5,90	05:04:58